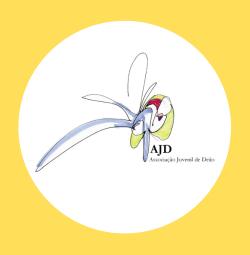
# PROJECT: HEY – HELPING TO EMPOWER YOUTH 5TH EDITION

2024-1-PT02-ESC51-VTJ-000214287

ASSOCIAÇÃO JUVENIL DE DEÃO – AJD VIANA DO CASTELO PORTUGAL





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## Activities you will develop

The volunteer will develop, according to his/her competencies/skills and knowledge, activities that fall within the existing departments of the Associação Juvenil de Deão - AJD.

#### **Community School:**

Ludoteca Space

- the volunteer will be involved in supporting the Community School of the association, providing support to the monitors, and developing, under their guidance, the daily activities with children and young people (study time, arts, body language, science, computer, free time, etc.);
- develop AJD community garden;
- rethinking AJD's outdoor space (large garden) with stimuli for learning by playing through non-formal education;
- develop ideas to make the Playroom more "Green".

#### **Communication and Image Department:**

- the volunteer will receive adequate language training and he/she will contribute to the Newsletter "O Caroça" and to the blog, with the aim to report the experiences and activities that are being carried out by the association, conducting interviews and preparing texts. That will also help to improve his/her written and spoken the Portuguese language.
- create promotional materials for the activities we develop at AJD;
- create a video presentation of AJD;

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#### **Project Department:**

- support in project work. Facilitate activities, support in meetings with partners, preparation of activities, etc;
- propose new projects and ideas for the department.

#### **Sports section**

- this activity has been stopped at AJD, so it is intended that volunteers can propose activities to be developed to boost the sports section at AJD

#### Animation

- volunteers are expected to propose non-formal language classes for children, youth and adults. They may promote in their native language(s) or in English.

#### More...

- One or two days per week the volunteer can go to the school supporting the teachers during the classes (Agrupamento de Escolas de Monte da Ola, Carteado Mena, among other partner entities of AJD);
- One day per week the volunteer can go to the Centro Social e Paroquial de Deão or Centro Paroquial e Social Riba Lima, where he/she will help with the dynamization of workshops for elderly people;
- The volunteer will also have to inform and present the European Solidarity Corps, Erasmus+ Program, and its opportunities to other young people (including enhancing the benefits, rights, and duties of ESC). The volunteer will also accompany AJD to meetings, seminars, assemblies, shows, etc., in particular, those promoted by Animar Portuguese Association for Local Development or by the National Federation of Youth Associations FNAJ

The volunteer, if he or she has the will, must develop a personal project.

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## Financial support





Meals: the amount for lunch on working days will be provided by AJD. For other lunches, dinners, breakfasts and snacks the volunteer will be given the value of EUR 125,00 per month, by bank transfer.

Accommodation: shared house for volunteers. AJD will be responsible for the payment of the monthly rent and expenses (water, electricity and internet).

Travel on public transport: AJD will be responsible for the acquisition and payment of the monthly pass that is required for the public transport journeys between Viana do Castelo and the local activities.

**Travel:** after the presentation of the travel payment receipt and tickets, AJD will refund the amount according to the distance by bank transfer.



#### Profile of the volunteers

The volunteer should:

- be open-minded, respect others, willing to get out of the comfort zone, be ready to be in the rural area for the activities at AJD, be motivated to learn Portuguese and interact with others:
- have an interest and will to work with children and young people;
- have an interest and will to work with old people;
- have an interest and will to work with people with social obstacles (different ethnicities);
- be interested in preserving the environment. It is necessary to continue the project of the association's community garden;
- have an interest in communication, design, blogging and social media. It is also valuable to have good communication skills and will to organize events for the community.

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## Requirements



Autonomy, creativity, responsibility, organization skills, determination, empathy, dynamism, initiative, joy in interpersonal relationships and in teamwork, flexibility to perform different tasks and interest and motivation to work with children and young people.



### Volunteering conditions and opportunities

The volunteer will work 30 hours per week, 6 hours per day, and will have free weekends (Saturday and Sunday). Eventually, some activities may be developed during the weekends; however, if this happens, it will be compensated with other two consecutive days during the week, agreed on mutually between the volunteer and the association.

The volunteer will also be entitled to two days off per month, which will be taken according to their interests and needs and upon confirmation with AJD.

Upon arrival, the host/coordinating organization will ensure that volunteers attend an on-arrival training and later a mid-term training. In a similar way, during the performance of his/her tasks, the volunteer will receive support, guidance and supervision from the monitor/supervisor who is responsible for each activity.

The host/coordinating organization will ensure that volunteers have free language training throughout the whole service.

For personal support, the volunteer will have a mentor. The mentor will assist with the integration of the volunteer into the association, in the project and in the local community. The mentor will also provide support during the process of learning/Youthpass and will also help in administrative matters, if necessary.

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The host organization will bring to the volunteer the opportunity to meet/get to know local people and other ESC volunteers and will give the opportunity to participate in leisure activities.

The association will give the volunteer an opportunity to develop a specific set of tasks, enhancing their creativity while also allowing some of his/her ideas or experiences to be integrated. The volunteer, if he or she has the will, must develop a personal project.



